

**TRIPLE A SPORT
CONSULTANTS
NOW OFFERING:**



PRIVATE TRAINING

**LAMBRICK ACADEMY
BASEBALL/SOFTBALL
MEMBERS (YEARLY)**

**OFF-SEASON
SEPTEMBER-FEBRUARY**

**IN-SEASON
MARCH-AUGUST**

\$40

\$50

\$60

ALL RATES ARE HOURLY (EFFECTIVE JAN 1ST/2018)

PRIVATE TRAINING

Private training with Mitch and Jason can include pitching, hitting, infield or outfield instruction. It's up to you to choose what you want to work on! We help break down mechanics one step at a time to create mechanically and mentally mature baseball players. We also implement the use of video analysis to showcase how your body is working and how to use it more efficiently and effectively.

We understand that each player is different, therefore each player will possess a varied learning curve.

We do not teach one right or wrong way of doing specific mechanics. We only teach the certain absolutes that remain uniform throughout all ages. Once we have established that foundation, we will continue to work to create an unique skill set for your baseball player pertaining to his or her own strengths. Ultimately, it is our job to educate and prepare these players for the next level of competition.

BOOK NOW THROUGH OUR EMAIL OR WEBSITE

tripleasportconsultants@gmail.com

www.tripleasportconsultants.com